South Intensive Times



ACCEL Academy

Respect - Integrity - Safety - Excellence

SOUTH INTENSIVE TRANSITION SCHOOL

1300 S.W. 30TH AVENUE BOYNTON BEACH, FL 33426 (561) 374-7201

https://its.palmbeachschools.org/

ADMINISTRATION

Principal

Mr. Reginald Jeudy, Ed.S.
Reginald.jeudy@palmbeachschools.org

Assistant Principal

Mr. Eric Gross, M.Ed.
Eric.gross@palmbeachschools.org

SCHOOL HOURS

8:00am - 3:30pm

Student Hours

9:30am - 3:00pm

Start With Hello Week Sept. 18th - 22nd

SEE SOMEONE ALONE

REACH OUT + HELP



See Page 6

A YOUTH VIOLENCE PREVENTION PROGRAM FROM SANDY HOOK PROMISE

Important Dates

- Sep. 15th Oct. 15th
 Hispanic Heritage
 Month
- OCTOBER
 National Bullying
 Prevention &
 Awareness Month AND
 Domestic Violence
 Prevention Month
- Oct. 2nd—6th
 High School Retake
 Exams
- October 5thNO SCHOOL
- Oct. 12th

 End of the 1st 9 weeks
- October 13th
 NO SCHOOL Teacher
 Work Day

Principal's Perspective

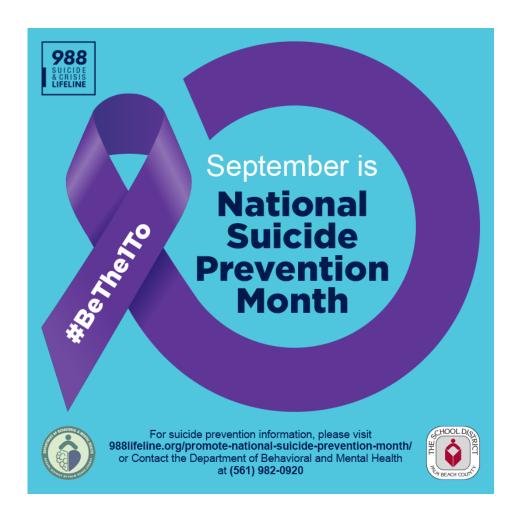
Hello South Intensive/ACCEL Academy students and families. This past month exemplified how we are able to come together and support each other. We all participated in *Start With Hello Week* which is a national campaign to promote kindness, connection, inclusion, and empathy to help foster a sense of belonging on our campus. South Intensive students and Trusted Adults engaged in various activities during September 18th - 22nd as a way to encourage students to reach out to those who are feeling lonely and isolated.

Also, this month and next we recognize Hispanic Heritage Month, along with the Jewish High Holidays of Rosh Hashanah and Yom Kippur.

Mr. Reginald Jeudy, Ed. SPrincipal

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September is National Suicide Prevention Month and Jessica Richardson, LCSW from Vita Health, provided our students with much needed mental wellness education.

The students learned about the need for self-awareness and having insight into their stressors, emotions and thoughts. Ms. Richardson spoke to our students about warning signs and symptoms within themselves and people they care about, and she gave them ways to communicate their needs, along with how to help others to feel heard, a sense of belonging, affirmed, and valued.

Additionally, students were given suggestions for coping strategies, protective behaviors, positive micro-habits that consist of making little changes to create lasting changes, and resources within our school, and in the community such as calling 988, 211, or texting the Crisis Hotline at 741741.

SAC Meeting Dates

October 11, 2023

November 8, 2023

December 13, 2023

January 10, 2024

February 14, 2024

March 13, 2024

April 10, 2024

May 8, 2024

May 25, 2022

Thank A Teacher
Campaign Started on
September 1st!



#THANKATEACHERPBC

Students, families, and staff members are encouraged to share their stories about a specific teacher's inspiring actions, supportive words, or just their overall positive impact. Nominate a teacher today!



SUICIDE PREVENTION

RESOURCE GUIDE

Suicide is complicated and tragic, but it is often preventable. Knowing the warning signs for suicide and how to get help can help save lives. Learn about behaviors that may be a sign that someone is thinking about suicide. For more information, visit https://go.usa.gov/xVCyZ #shareNIMH

APPS

- SUICIDE SAFE MOBILE APP (GOOGLE PLAY)
- SUICIDE SAFE MOBILE APP (APPLE STORE)

WEBSITES & ONLINE RESOURCES

- 2-1-1 ONLINE SUICIDE PREVENTION RESOURCES
- 988 LIFELINE NATIONAL SUICIDE PREVENTION MONTH RESOURCES
- NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) SUICIDE PREVENTION MONTH RESOURCES
- OFFICIAL SUICIDE PREVENTION SOCIAL MEDIA CAMPAIGN (#BETHE1TO)

FOR PARENTS

This Suicide Prevention Information for Parents Brochure can help parents recognize concerning behaviors in teens and be empowered with the tools to support them. Available in English and Spanish on the For Parents page.

WHAT IS 988?

988 is the new nationwide three-digit number now available for suicide and mental health crisis, available to everyone in the U.S.

This easy-to-remember number will route callers to the 988 Suicide and Crisis Lifeline network, where compassionate, accessible care and support are available for anyone experiencing a mental health-related emergency – whether that is thoughts of suicide, a mental health or substance use crisis or any other kind of emotional distress. People can also dial 988 if they are worried about a loved one who may need crisis support.

What to expect when you contact 988

The goal of the 988 Lifeline is to provide free, 24/7, confidential, immediate crisis intervention and support. Here's how it works:



If you call 988, you'll hear a message that you've reached the Lifeline. If you are a veteran, you can press "1" to reach the Veterans' Crisis Line or "2" to reach Spanish-speaking crisis counselors for the Lifeline.



If you don't select either option, or if you text or chat, a trained crisis counselor will answer. (For texters, you will be prompted to text 838255 if you want to reach the Veterans' Crisis Line.)



Spanish crisis services are available for callers to 988, and translation services are available in more than 150 additional languages. TTY is available for deaf or hard-of-hearing callers by dialing 711 then 1-800-273-8255.



The counselor will engage you to understand how your or loved one is impacted and what help you might need.



The counselor will provide support and share resources and referrals.

Additional resources

There are additional resources if you are not experiencing a crisis, but seeking information, referrals and support:



NAMI HelpLine (1-800-950-6264) is a free peer-support service providing information, resource referrals and support for people living with a mental health condition, their family members and caregivers, mental health providers and the public. While the NAMI Helpline allows you to speak with a peer who can connect you to NAMI resources, it is not a hotline, crisis line, or a suicide prevention line. It is available M-F from 10 A.M. to 10 P.M. ET.

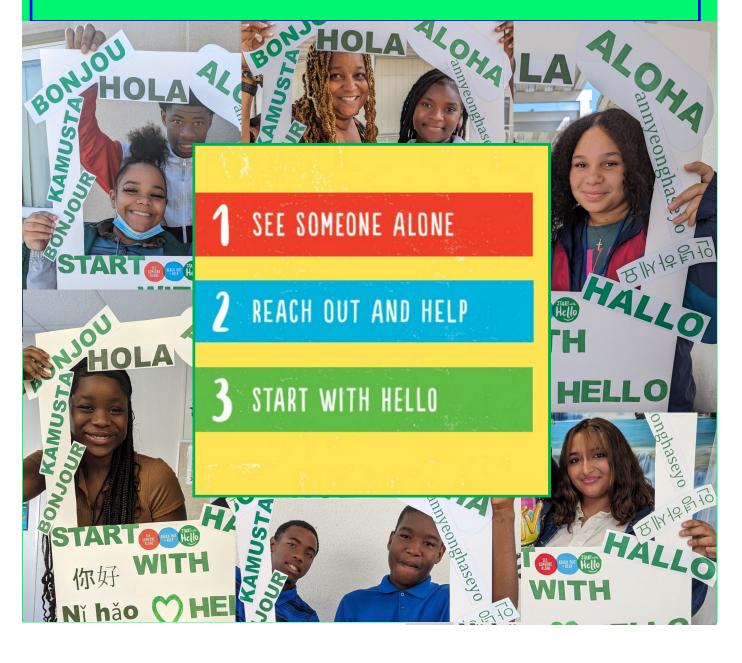


^{*} In some communities, the crisis line may be able to connect you to additional services or follow up with you to ensure you've connected with care (note: not all communities currently have this capacity).

Start With "Hello" Week

START WITH "HELLO" WEEK

South Intensive Transition School joined the Students Against Violence Everywhere (SAVE) Promise Club's nationwide movement in the *Start With "Hello" Week* in an effort to decrease loneliness and social isolation, and to enhance a school culture of inclusivity and unity.





Thank A Trusted Adult - Notes From Students

Mr. Polite - You have made my days better here at South Intensive. I appreciate you everyday & are very much thankful for being here for me. Thank you for everything, your guidance, your patience, & the encouragement you have given me to be better & do better for myself & others. Thank you for being someone I can trust here at South Intensive.



STARTwith Hello

Ms. Chery- I love you! ~ Ophelia Mr. Alexander, Mr. Harvey, and to Every Staff Member - You all have seen me improve and grow along the way, and have given me great advice leading me to the right direction. Thank you. ~ Julio



~ Aisha

Thank A Trusted Adult - Notes From Students



Ms. Glenn - You mostly the one I don't have to worry about.

~ Ayana

Dr. B - You are a really good listener and you don't judge others for their mistakes, thoughts, and actions. You are so sweet & kind, and may God bless you.

~ Love Sarah

Mr. Polite - You are an understanding person and always kind... I can tell you/ talk to you about stuff and you would understand or know something about it instead of ignoring me. Thank You. ~ Sha'niyla

Dear Mr. Gross - I have chosen you as a trusted adult because of your kindness & positive attitude towards me & others. You are my bestie & one of the people I have come to trust since the first day I cane here. Thank you for always being a kind & understanding person towards me, & everything that you have done for me since day one. Sincerely thank you for you've made me come to realize that through all of the different kinds of people & all their actions, I know I can always count on you for my safety. You've made South Intensive better & more secure place for me. Thank you for being one of the people here at South Intensive that I can trust & know I'll be safe around. ~ Aisha

Free Tutoring!

South Intensive/ACCEL Academy teachers are providing on-campus tutoring to our students before school on Tuesdays & Thursdays, Please contact the school at (561) 374-7200 for more information.

The School District of Palm Beach County also offers free online tutoring services for students attending grades 6th - 12th in Palm Beach County District Schools. You can access these services by going to Paper 24/7 Tutoring for Students to get started. There are tutors that can speak in English, Spanish, French, & Mandarin available for students at any time of day.

The student's activities are recorded on the platform, and teachers and administrators can track students' learning progress enabling them to focus on individualized instruction for each student. Click on the link above or more information.



	Classroom/ Instructional Areas	Class Changes	Cafeteria	Dismissal/ Intake	Outside Ac- tivities	Bathrooms	Computer Lab
Respect	- Positively greet staff & peers Raise your hand to speak Treat classroom materials with care Respond quickly & appropriately to staff instructions Speak politely to others without profanity.	- Positively greet staff & peers Use a quiet voice level Enter & exit classrooms in an orderly manner - Respond quickly & appropriately to staff instructions.	- Say "please" & "thank you" to the cafeteria staff Remain at your assigned lunch table unless giv- en permission to move Discard all of your trash appropriately.	- Wait patiently in line for your personal items Positively greet staff & peers Speak politely to others without profanity.	- Treat all sports equipment with care Ask permission before leaving an activity Use equipment in an appropriate manner.	- Treat the restroom space with care Make sure the bathroom is clean before exiting Return to your assigned area promptly when finished.	- Treat computer lab equipment with care Log in using only your student ID number only Log off & shut down the computers properly before exiting.
Integrity	- Do your own work Be honest & earn your own grades & test scores Don't let others take credit for your knowledge or your work Report academic dishonesty Admit when you need help understanding schoolwork.	- If you witness bullying or aggression report it to a staff member Be mindful to others' learning & do not disturb other classrooms Be polite & greet others as you walk by.	- Wait patiently in line for your turn Be helpful & lend a hand when needed Avoid using profanity during conversations.	- Wait until your bus is called before leaving your classroom Walk calmly to your destination Be sure to Clean up your area of any messes prior to leaving.	- Allow everyone a chance to participate Be honest & have good sportsmanship Be a team player.	- Use the restroom only for its intended use Report any suspicious events or misuse of facilities to a staff member Clean up any litter in or around the restroom area.	- Work only under your own personal log-in information Report computer misuse to a staff member.
Safety	- Keep your hands, feet, & objects to yourself If a peer is bothering you, report it to an adult Respond quickly & appropriately to staff instructions.	- Keep your hands, feet, & objects to yourself Only enter the classroom you are scheduled to attend Respond quickly & appropriately to staff instructions.	- Interact appropriately with each other Keep hands, feet, & objects to yourself Promptly Clean up spill hazards.	- Keep your hands, feet, & objects to yourself Wear your student ID badge - Report potentially dangerous activities to staff members.	- Keep hands, feet, & objects to yourself unless required by specific sport activity Use equipment as instructed Wear appropriate attire for outdoor activities.	- Walk along designated areas Avoid overcrowding restrooms Keep area clean for others to use.	- Keep your hands, feet, & objects to yourself Use only district approved websites Keep your login information private Lock your computer screen when not in use.
Excellence	- Participate in classroom discussions Complete all assignments in a timely manner Be kind & encouraging to your peers Be open & understanding of other viewpoints.	- Model appropriate behavior Pick up any litter along the way Report unknown visitors to a staff member.	- Clean up the eating area around you Engage in polite conversation with staff & peers.	- Stay on the sidewalk at all times while walking to the bus loop Remain in your class-room until your bus has been called for dismissal Follow school dress code.	- Be open to trying new activities Enter/Exit the area in an orderly fashion Fully participate to the best of your ability Help clean up once the activity is over.	- Clean up any messes in the restroom Inform a staff member of any damaged/ broken/missing materials Do not loiter or hang out in the restroom.	- Use the computers for educational purposes only Complete makeup assignments/ Edgenuity as applicable Notify teacher of any computer misuse.